

## Grade 3

Arms 4<sup>th</sup> Position

Full Ports de bras to 5<sup>th</sup>

Full Plie in 1<sup>st</sup>

Battement Tendus en croix

Battement Glisse Devent, to 2<sup>nd</sup> and Derriere

Battement Fondu to degage devant and derriere

Developpe devant

Grands Battement devant, 2<sup>nd</sup> and derriere (to degage)

Releve in 5<sup>th</sup>

Chasse in 2<sup>nd</sup>

Balance de cote

Petit developpe to degage devant en fondu

Rond de Jambe a terre en dehors and en dedans

Step turn step de cote

Pas de bouree dessous (under) movement to coup de pied derriere

1<sup>st</sup> arabesque a terre

2<sup>nd</sup> arabesque a terre

Classical Pose

Releve in Parallel Retire

## **Allegro**

Echappe Saute ferme

Glissade derriere

Sissonne fermee de cote dessus (over)

Assemble Dessus (over)

Pose Temps leve

Picked up Galops en tournant

Forward Leap/Grand Jete en avant

## **Character – Russian (Fists Clenched)**

Promenade Steps

Pas de Basque

Pas de Basque en avant

Pas de Basque with Half Turn

Heel Pas de Basque

Hop Toe Hop Heel

Hop Steps by Half Turn

Extended Springs

Spring retire hop to extension devant

Spring Heel

Stamp Coupe



## Vocabulary

**A terre** (a ter)  
**Balance** (ba-lahn-say)  
**Chasse** (sha-say)  
**Developpe** (dayb-loh-pay)  
**En Avant** (ah na-vahn)  
**En Croix** (ah krwa)  
**En dedans** (ah d-dahn)  
**En dehors** (ah d-or)  
**Ferme** (fer-may)  
**Glisse** (glee-say)  
**Grand Jete** (grah-zhu-tay)  
**Pas de Bouree** (pas d'boo-ray)  
**Pose** (poh-say)  
**Releve** (rlu-vay)  
**Rond de Jambe** (ro d'zhahb)  
**Sissonne** (see-son)  
**Temps Leve** (tah lu-vay)

**ON THE GROUND**  
**TO ROCK OR SWING/A WALTZ STEP**  
**TO CHASE/A SLIDING STEP**  
**TO UNFOLD**  
**TRAVELLING FORWARD**  
**IN THE SHAPE OF THE CROSS**  
**INWARD ACTION**  
**OUTWARD ACTION**  
**ENDING IN A CLOSED POSITION**  
**SLIDING**  
**LARGE LEAP TRAVELLING FORWARD JUMPING ONE FOOT TO ANOTHER**  
**STEPS PERFORMED IN A CONTINUOUS MOVEMENT IN ANY DIRECTION**  
**STEP**  
**PULL UP**  
**CIRCLING OF THE LEG**  
**SCISSOR LIKE ACTION**  
**TIME OR BEAT: LIFTED/A HOP ON ONE LEG**

